

# Service Six' Excellence In Therapy

represents **Niki Reeves** in

## Attachment Theory & the Internal Working Models of Children

● **Niki Reeves** UKCP (CPJA) MBACP Accred BA (Hons) Attachment Based Psychoanalytic Psychotherapist

Niki is working in clinical practice for almost 20 years and is a qualified Supervisor and Tutor, training Counsellors to diploma level. Niki has been 'Head of Counselling' at Southampton Counselling and is now taking time to write, teach and run her private practice in Southampton where she works with therapists, individuals, couple and families.

### ● What to expect from this training course

- ❖ A theory based workshop looking at attachment theory with children in detail, gaining an understanding of Mary Ainsworth's 'Strange Situation Test' to bring the theory to life.
- ❖ The 'Internal Working Models' that forms the structures for all our expectations of the behaviour of ourselves and others.
- ❖ Develop a deeper understanding of these models to help children to create models that will enable better outcomes and more secure relationships at school and at home
  - ❖ How the brain of a child works and how trauma limits the child's ability to use functions such as speech, logic processing and memory resulting in children's' behaviour that others see confusing and troubling
  - ❖ Development of Affect Regulation to give the child the resilience necessary to cope in the world.

● **Date:** 2<sup>nd</sup> March 2019  
**Time:** 9.30am – 4.30pm  
**Venue:** Holiday Inn Express  
Kettering

● **Cost:** £75 per person, including Refreshments & Lunch

**Booking via Eventbrite:**

<https://www.eventbrite.co.uk/e/attachment-theory-the-internal-working-models-of-children-tickets-53012452673>



Service Six

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Service Six offers a range of training courses for professionals working with children, young people and families. All training courses are written to high standard and aim to deepen the understanding for professionals and the community. The courses are informed by up to date research, best practice and knowledge, whilst ensuring that focus remains upon the children and young people.

